

OVERVIEW

How to reach optimal dosage
and long-term therapy

ABNOBA **VISCUM**[®]

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Start of treatment and how to reach optimal dosage

ABNOBAVISCUM®

Treatment starts with

abnobaVISCUM 0.02 mg, 1 ml (= 1 ampoule)
3 x per week s.c. over 2½ weeks – total of 8 ampoules (= 1 package)

Any one of the reactions 1 – 3 indicate that the dosage is correct:

- 1 Local inflammatory reaction at the injection site up to Ø = 5 cm.
- 2 Temporary temperature increase of 0.5 - 1.0 °C within 12 hours following the injection.
- 3 Patient experiences changes in condition: pain relief, deeper sleep, better appetite.

Reactions 1 and 2 decrease in intensity after 2½ weeks (if not, administer 0.02 mg for an additional 2½ weeks). Thereafter dosage can be increased to the next strength.

The symptoms of exhaustion, mild shivering, generally feeling unwell, headaches and short dizzy spells that can arise on an injection day are signs of correct dosage, as long as these reactions subside within 12 hours.

Weeks 1 - 3

Example:

Week 1 Mon. Wed. Fri.

Week 2 Mon. Wed. Fri.

Week 3 Mon. Wed.

abnobaVISCUM 0.2 mg, 1 ml (= 1 ampoule)
3 x per week s.c. over 2½ weeks – total of 8 ampoules (= 1 package)

Reactions 1 – 3 (above) will regularly reappear. If reactions are too strong or severe, please follow the recommendations of how to proceed in case of too high dosage or overdosage (see opposite).

Weeks 3 - 6

Either: If well-tolerated and the intensity of reactions 1 – 3 subside again, and if the patient's general condition is good, dosage can again be increased to the next higher strength:

abnobaVISCUM 2 mg, 1 ml (= 1 ampoule)
Maintain s.c. inj. 3 x per week, continue with this strength as long-term therapy.

Thus the individual optimal dosage for long-term therapy has been reached.

Week 6 onwards

Or: In cases of poor general condition or if the patient has a strong/severe reaction, the dosage already reached should be maintained.

abnobaVISCUM 0.2 mg, 1 ml (= 1 ampoule)
Maintain s.c. inj. 3 x per week, continue with this strength as long-term therapy.

Thus the individual optimal dosage for long-term therapy has been reached.

Week 6 onwards

Dosage is too high when: *

the local inflammatory reaction is larger than 5 cm Ø and smaller than 10 cm Ø:

Reduce injection amount to 0.5 ml (½ ampoule) for the next 3 injections.

the local inflammatory reaction is larger than 10 cm Ø:

Inject the next lowest strength for 2½ weeks (8 ampoules).

there is persistent weakness, nausea and/or dizziness:

Inject the next lowest strength for 2½ weeks (8 ampoules).

severe reactions and side effects persist:

Continue treatment with abnobaVISCUM potency D6 of the same host tree.

Long-term therapy

Once the individual optimal dosage has been reached, from Week 6 onwards the following process is often followed:

Injections s.c. are maintained at 3 x per week for up to 2 years. Then 2 x per week for 1 further year.

After 3 years, treatment-free intervals of 3 months can be introduced.

CAUTION:

Following a treatment-free interval lasting longer than 4 weeks, treatment should always begin again with a lower dosage (0.02 mg).